



MakoDays
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Professor Katarzyna de Lazari-Radek has studied the subject of well-being, happiness and pleasure for the past twenty years. Philosophically, she argues for the maximisation of pleasure and diminishing of pain among as many beings as possible and believes in helping others to live a good and enjoyable life on the basis of philosophical, psychological and neurobiological research.

Her main research interest focuses on the thinking of late Victorian philosopher Henry Sidgwick. She has written two books with Peter Singer, *The Point of View of the Universe* (Oxford University Press, 2014) and *Utilitarianism: A Very Short Introduction* (Oxford University Press, 2017) and edited John Stuart Mill's *Utilitarianism* (Norton, 2021).

Her *The Philosophy of Pleasure*, the first introductory text of its kind on the subject of pleasure, was published by Routledge in 2024.

In the field of AI ethics, her work includes *AI and Consumers' Well-Being*, with Peter Singer, published in "The Cambridge Handbook of AI and Consumer Law" (October 2024) and, most recently, talks and lectures on AI and philosophy at Freedom Games (October 2025). When she discusses AI. It is usually in connection with our well-being.

In addition to her academic work, she is keen to convey philosophical ideas to a popular audience, writing for popular magazines. She and Peter Singer began running a podcast, *Lives Well Lived*, in May 2024, interviewing a remarkable line-up of guests, including Daniel Kahneman, Yuval Harari, Jane Goodall, Judy Collins, Neil de Grasse Tyson and Ingrid Newkirk.